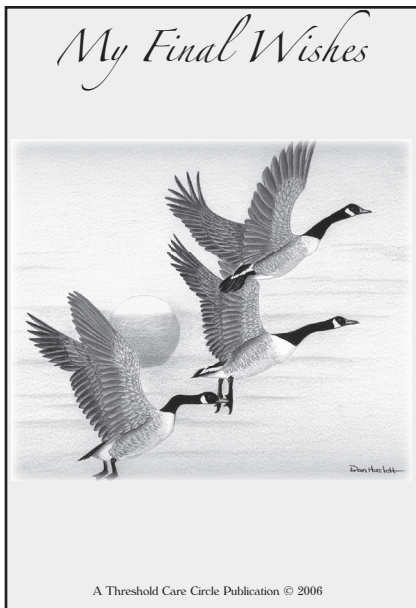


Our Final Wishes



Eventually, we must all face our own death.

How comforting if those left behind after we die know our "final wishes" and the details needed to carry them out.

Our hope is that, by envisioning this process in thoughtful detail before it is imminent, each of us will be able to enter this final journey with calm dignity and loving support, and with as little fear and anxiety as possible.

The Threshold Care Circle of Viroqua has published a booklet, **My Final Wishes**, which offers you a way to record that information. It is a fill-in-the-blank workbook for individuals to record their preferences for end of life and afterward. It includes wishes for funeral, burial and memorial services; information for your death certificate and obituary; and the location of papers needed to handle

your estate as well as phone numbers of important people to call.

Filling out the booklet gives us an opportunity to reflect on our lives and who and what is important to us. It will also be a great comfort to those we leave behind if they know our wishes and the details needed to carry them out.

Now available at the **Viroqua Healing Arts Center, 224 E. Court St., Viroqua**

My Final Wishes is available for a donation of \$10.

\$10 per book, \$8 per book for orders of ten or more.

Add \$.75 per book shipping & handling.

Call for shipping price if ordering more than ten books.

Please send me ___ copies of My Final Wishes.

Name _____

Address _____

City _____ State _____ Zip _____

Mail order to: Threshold Care Circle, 224 East Court St., Viroqua, WI 54665

Make Checks to Threshold Care Circle. Your donation is tax deductible.

Proceeds will be used to assist families in preparing and caring for their deceased loved ones. For more information, call Susan Nesbit, 608-606-4566



The Threshold Care Circle exists as a community network and resource for Southwestern WI. Our mission is to educate and support individuals and families who wish to care for their own at the time of death, according to their spiritual and/or cultural beliefs, in ways that honor the one who is leaving and their surviving loved ones.